



## From I95 Southbound

1. Take I95 south through Wilmington until you reach the Route 52 South exit (7A).
2. Turn left at the stoplight. At the next stoplight, turn right (you will not be able to continue straight) and get into the far left lane.
3. Turn left at the light before the YMCA.
4. Continue straight onto ChristianaCare Wilmington campus, and make a left to reach the Center for Spine Surgery (across from the parking garage).

## From DE Route 1 Northbound

1. Take Route 1 Northbound until you reach the Christiana Mall interchange. You will want the exit for I95 Northbound (Exit 165C).
2. Take I95 Northbound until you reach Wilmington. Do NOT take I295 or I495 when they diverge; stay on I95 the entire time.
3. Take the Route 52 exit (Exit 7).
4. Go straight through two lights. Stay in the rightmost lane.
5. At the third light, turn right onto 52 (there is no option to continue straight).
6. Once on Route 52, get into the far left lane and turn left at the light before the YMCA. This will be the first stoplight you reach.
7. Continue straight onto ChristianaCare Wilmington campus, and make a left to reach the Center for Spine Surgery (across from the parking garage).
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## From I95 Northbound

1. Take I95 Northbound until you reach Wilmington. Keep left at the I495 diverge to stay on I95.
2. Take the Route 52 exit (Exit 7). Stay in the righthand land. Continue straight through two lights.
3. At the third light, turn right onto 52 (there is no option to continue straight).
4. Once on Route 52, get into the far left lane and turn left at the light before the YMCA. This will be the first stoplight you reach.